



Veranstaltungsort: Klosterfeldstrasse 8, 6921 Kennelbach

Datum: 03.08.2019

| Name | Jg. | Verein | Alters-Klasse | Kg Gew | KB 1. | KB 2. | KB 3. | KB Best | BD 1. | BD 2. | BD 3. | BD Best | Zwi. Kilo | Zwi. Pkte | KH 1. | KH 2. | KH 3. | KH Best | Total | Pl. Kl. | IPF-Punkte | Anmerkungen |
|------------------------|-----|------------------------------------|---------------|--------|------------------|------------------|------------------|--------------|------------------|------------------|------------------|--------------|-----------|-----------|------------------|------------------|------------------|--------------|--------------|-----------|----------------|-------------------------|
| DAMEN | | | | | | | | | | | | | | | | | | | | | | |
| GAPP Barbara | 81 | ASKÖ KSV Outdoor Fitness Freistadt | Allg | 52,60 | 107,5 | 112,5 | 447,5 | 112,5 | 60,0 | 62,5 | 65,0 | 65,0 | 177,5 | 319,175 | 175,0 | 185,0 | 196,0 | 195,0 | 372,5 | 1 | 709,323 | Ländercuprekord KH, KDK |
| LUTSCH Alexandra | 94 | AK Bodyform Salzburg | Allg | 78,20 | 125,0 | 132,5 | 437,5 | 132,5 | 70,0 | 72,5 | 75,0 | 75,0 | 207,5 | 327,233 | 160,0 | 170,0 | 180,0 | 180,0 | 387,5 | 2 | 609,932 | |
| SCHÖRGENHUBER Kerstin | 93 | ASKÖ KSV Outdoor Fitness Freistadt | Allg | 63,80 | 120,0 | 127,5 | 432,5 | 127,5 | 65,0 | 70,0 | 72,5 | 70,0 | 197,5 | 333,111 | 130,0 | 142,5 | 152,5 | 152,5 | 350,0 | 3 | 602,328 | |
| HINTERHÖLZL Nina | 00 | BORG Club Wiener Neustadt | Jun | 53,40 | 95,0 | 100,0 | 105,0 | 105,0 | 62,5 | 65,0 | 67,5 | 67,5 | 172,5 | 307,4 | 110,0 | 120,0 | 125,0 | 125,0 | 297,5 | 4 | 554,914 | Ländercuprekord BD |
| OBEREDER Stefanie | 94 | ASKÖ KSV Outdoor Fitness Freistadt | Allg | 113,00 | 140,0 | 450,0 | 452,5 | 140,0 | 77,5 | 82,5 | 85,0 | 85,0 | 225,0 | 318,578 | 165,0 | 475,0 | 175,0 | 175,0 | 400,0 | 5 | 547,693 | PB BD/ KH/ KDK |
| FRITSCH Jasmin | 89 | Turnerschaft Kennelbach/ KDK | Allg | 74,40 | 110,0 | 115,0 | 125,0 | 125,0 | 60,0 | 65,0 | 72,5 | 65,0 | 190,0 | 304,251 | 130,0 | 440,0 | 440,0 | 130,0 | 320,0 | 6 | 514,091 | |
| BRANDSTÖTTER Madeleine | 91 | KSV Champions Innsbruck | Allg | 83,70 | 127,5 | 135,0 | 442,5 | 135,0 | 62,5 | 65,0 | 67,5 | 65,0 | 200,0 | 309,129 | 125,0 | 430,0 | - | 125,0 | 325,0 | 7 | 498,47 | Ländercuprekord KB |
| MÄDING Marina | 93 | AC Bayreuth e.V. (GER) | Allg | 60,20 | 90,0 | 97,5 | 100,0 | 100,0 | 45,0 | 47,5 | 50,0 | 50,0 | 150,0 | 253,356 | 90,0 | 400,0 | 400,0 | 90,0 | 240,0 | 8 | 418,07 | |
| ENGEL Melissa | 86 | Turnerschaft Kennelbach/ KDK | Allg | 59,60 | 60,0 | 67,5 | 70,0 | 70,0 | 30,0 | 35,0 | 40,0 | 35,0 | 105,0 | 171,213 | 95,0 | 400,0 | 105,0 | 105,0 | 210,0 | 9 | 364,602 | |
| HERREN | | | | | | | | | | | | | | | | | | | | | | |
| JANDOREK Andreas | 85 | Turnerschaft Kennelbach/ KDK | Allg | 92,50 | 230,0 | 247,5 | 257,5 | 247,5 | 175,0 | 185,0 | 193,5 | 192,5 | 440,0 | 384,178 | 245,0 | 265,0 | 290,0 | 265,0 | 705,0 | 1 | 666,585 | Ländercuprekord BD, KDK |
| SIMO Jan | 87 | KSC Amstetten / Kraftdreikampf | Allg | 74,30 | 202,5 | 210,0 | 217,5 | 217,5 | 422,5 | 125,0 | 130,0 | 130,0 | 347,5 | 338,013 | 240,0 | 252,5 | 257,5 | 252,5 | 600,0 | 2 | 645,277 | Ländercuprekord KB, KH |
| JOST Alain | 97 | Schwerathletik North West (SUI) | Jun | 64,40 | 167,5 | 472,5 | 172,5 | 172,5 | 125,0 | 130,0 | 137,5 | 137,5 | 310,0 | 330,769 | 217,5 | 227,5 | 236,0 | 227,5 | 537,5 | 3 | 635,863 | |
| POLEDNAK Andreas | 89 | ASK Nettingsdorf/ KDK | Allg | 92,20 | 200,0 | 212,5 | 217,5 | 217,5 | 150,0 | 455,0 | 155,0 | 155,0 | 372,5 | 312,976 | 265,0 | 285,0 | 297,5 | 285,0 | 657,5 | 4 | 617,256 | PB KH/ KDK |
| SIGRIST Sven | 88 | Schwerathletik North West (SUI) | Allg | 81,00 | 200,0 | 215,0 | 220,0 | 220,0 | 127,5 | 135,0 | 140,0 | 140,0 | 360,0 | 330,084 | 215,0 | 230,0 | 240,0 | 240,0 | 600,0 | 5 | 606,673 | |
| GLIEBE Nikolas | 97 | Turnerschaft Kennelbach/ KDK | Allg | 66,20 | 485,0 | 187,5 | 202,5 | 187,5 | 112,5 | 120,0 | 122,5 | 122,5 | 310,0 | 322,77 | 190,0 | 205,0 | 215,0 | 215,0 | 525,0 | 6 | 605,538 | PB KH |
| KALTENBECK Christian | 85 | ASKÖ KSV OFF | Allg | 86,80 | 200,0 | 240,0 | 240,0 | 200,0 | 137,5 | 145,0 | 152,5 | 152,5 | 352,5 | 304,953 | 240,0 | 255,0 | 267,5 | 255,0 | 607,5 | 7 | 586,871 | PB BD |
| EBERHÖFER Chris | 80 | Turnerschaft Kennelbach/ KDK | Allg | 72,20 | 180,0 | 192,5 | 497,5 | 192,5 | 427,5 | 132,5 | 137,5 | 137,5 | 330,0 | 324,294 | 195,0 | 205,0 | 240,0 | 205,0 | 535,0 | 8 | 578,475 | PB KH |
| BILDSTEIN Julian | 98 | Turnerschaft Kennelbach/ KDK | Jun | 90,90 | 190,0 | 202,5 | 215,0 | 215,0 | 127,5 | 135,0 | 442,5 | 135,0 | 350,0 | 291,985 | 195,0 | 215,0 | 240,0 | 240,0 | 590,0 | 9 | 550,306 | PB KB/ BD/ KH/ KDK |
| SCHÖRGENHUBER Andreas | 91 | ASKÖ KSV OFF | Allg | 84,80 | 197,5 | 207,5 | 215,0 | 215,0 | 125,0 | 132,5 | 436,0 | 132,5 | 347,5 | 304,754 | 205,0 | 215,0 | 225,0 | 215,0 | 562,5 | 10 | 545,755 | PB KB/ BD/ KH/ KDK |
| BICKER Hansueli | 79 | Turnerschaft Kennelbach/ KDK | AK 1 | 82,40 | 190,0 | 200,0 | 207,5 | 207,5 | 120,0 | 125,0 | 430,0 | 125,0 | 332,5 | 294,417 | 185,0 | 200,0 | 210,0 | 210,0 | 542,5 | 11 | 533,915 | PB KB/ BD/ KH/ KDK |
| HILPERT Martin | 96 | AC Bayreuth e.V. (GER) | Jun | 77,00 | 180,0 | 190,0 | 495,0 | 190,0 | 100,0 | 440,0 | 112,5 | 112,5 | 302,5 | 274,961 | 190,0 | 205,0 | 220,0 | 205,0 | 507,5 | 12 | 518,786 | |
| KAHR Philipp | 90 | Turnerschaft Kennelbach/ KDK | Allg | 75,50 | 157,5 | 167,5 | 175,0 | 175,0 | 112,5 | 117,5 | 120,0 | 120,0 | 295,0 | 270,451 | 180,0 | 195,0 | 205,0 | 205,0 | 500,0 | 13 | 517,351 | |
| ASVAR Emre | 92 | Swiss Powerlifting (SUI) | Allg | 81,30 | 170,0 | 180,0 | 190,0 | 190,0 | 120,0 | 125,0 | 130,0 | 130,0 | 320,0 | 283,154 | 180,0 | 200,0 | 207,5 | 200,0 | 520,0 | 14 | 513,123 | |
| SIMMER Louis | 00 | BORG Club Wiener Neustadt | Jun | 90,20 | 175,0 | 185,0 | 192,5 | 192,5 | 430,0 | 137,5 | 442,5 | 137,5 | 330,0 | 272,034 | 190,0 | 200,0 | 205,0 | 205,0 | 535,0 | 15 | 493,664 | PB KB/ BD/ KDK |
| KISILAK Manuel | 95 | TEAM SUPAKRAFT KDK | Allg | 81,70 | 172,5 | 480,0 | 185,0 | 185,0 | 95,0 | 100,0 | 107,5 | 107,5 | 292,5 | 250,529 | 195,0 | 207,5 | 247,5 | 207,5 | 500,0 | 16 | 488,408 | PB KB/ BD/ KH/ KDK |
| FRANZMANN Tim | 96 | British Powerlifting (GBR) | Allg | 82,40 | 455,0 | 165,0 | 175,0 | 175,0 | 100,0 | 105,0 | 110,0 | 110,0 | 285,0 | 240,245 | 175,0 | 200,0 | 210,0 | 210,0 | 495,0 | 17 | 479,743 | |
| HELBOCK Kai | 93 | Turnerschaft Kennelbach/ KDK | Allg | 89,60 | 155,0 | 167,5 | 175,0 | 175,0 | 442,5 | 112,5 | 422,5 | 112,5 | 287,5 | 227,281 | 180,0 | 200,0 | 215,0 | 215,0 | 502,5 | 18 | 460,618 | PB KB/ BD/ KH/ KDK |
| LAUBI Nico | 66 | Swiss Powerlifting (SUI) | AK 2 | 82,10 | 140,0 | 150,0 | 155,0 | 155,0 | 110,0 | 115,0 | 120,0 | 120,0 | 275,0 | 229,534 | 170,0 | 180,0 | 495,0 | 180,0 | 455,0 | 19 | 435,273 | |
| KUGLER Uwe | 86 | Turnerschaft Kennelbach/ KDK | Allg | 93,60 | 155,0 | 165,0 | 172,5 | 172,5 | 442,5 | 120,0 | 425,0 | 120,0 | 292,5 | 224,92 | 170,0 | 185,0 | 197,5 | 197,5 | 490,0 | 20 | 433,991 | PB KB/ BD/ KH/ KDK |
| KUBIN Patrick | 87 | BORG Club Wiener Neustadt | Allg | 90,80 | 160,0 | 470,0 | 170,0 | 170,0 | 102,5 | 107,5 | 440,0 | 107,5 | 277,5 | 214,139 | 180,0 | 190,0 | 200,0 | 200,0 | 477,5 | 21 | 429,542 | PB KB/ BD/ KH/ KDK |
| BERCHTOLD Simon | 97 | Turnerschaft Kennelbach/ KDK | Jun | 75,80 | 120,0 | 135,0 | 445,0 | 135,0 | 70,0 | 77,5 | 85,0 | 77,5 | 212,5 | 170,443 | 150,0 | 160,0 | 170,0 | 170,0 | 382,5 | 22 | 374,67 | PB KB/ BD/ KH/ KDK |
| ZANCHI Filipo | 97 | Turnerschaft Kennelbach/ KDK | Jun | 107,50 | 450,0 | 155,0 | 462,5 | 155,0 | 82,5 | 90,0 | 95,0 | 95,0 | 250,0 | 160,848 | 452,5 | 152,5 | 470,0 | 152,5 | 402,5 | 23 | 310,602 | PB KB/ BD/ KH/ KDK |

* = Dopingkontrolle - KB = Kniebeugen, BD = Bankdrücken, KH = Kreuzheben, KDK = Total Kraftdreikampf, Jug = Jugend, Jun = Junioren - ÖR = Österr Rekord, ÖB = Österr Bestleistung, LR = Landesrekord, LB = Landesbestlsg, PB = Persönliche Bestlsg
Intern. Gewichtskl.: Damen -43 kg (nur Nachwuchs) -47 kg, -52 kg, -57 kg, -63 kg, -72 kg, -84 kg, +84 kg - Herren -53 kg (nur Nachwuchs), -59 kg, -66 kg, -74 kg, -83 kg, -93 kg, -105 kg, -120 kg, +120 kg

HKR Mayrhofer Josef, Iro Karl, Egel Claudio

Teamwertung 2. Länderpokal Klassischer Kraftdreikampf 2019

| OFF Heben | JG | Total | IPF Points |
|----------------------|------|----------------|-----------------|
| Andreas Polednak | 1989 | 657,5 | 617,26 |
| Christian Kaltenbäck | 1985 | 607,5 | 586,87 |
| Barbara Gapp | 1981 | 373,5 | 711,32 |
| TEAMPOINTS | | 1.638,5 | 1.915,45 |

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| TS Kennelbach 1 | JG | Total | IPF Points |
|-------------------|------|----------------|-----------------|
| Andreas Jandorek | 1985 | 706,0 | 667,65 |
| Nikolas Gliebe | 1997 | 525,0 | 605,54 |
| Chris Eberhöfer | 1980 | 535,0 | 578,48 |
| TEAMPOINTS | | 1.766,0 | 1.851,67 |

2

| Team Austria Mix | JG | Total | IPF P. |
|------------------------|------|----------------|-----------------|
| Madeleine Brandstötter | 1993 | 325,0 | 498,47 |
| Jan Simo | 1987 | 600,0 | 645,28 |
| Alexandra Lutsch | 1994 | 387,5 | 609,93 |
| TEAMPOINTS | | 1.312,5 | 1.753,68 |

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| Team Swiss + Austria | JG | Total | IPF P. |
|----------------------|------|----------------|-----------------|
| Sven Sigrist | 1988 | 600,0 | 606,67 |
| Alain Jost | 1997 | 537,5 | 635,86 |
| Manuel Kisilak | 1995 | 500,0 | 488,41 |
| TEAMPOINTS | | 1.637,5 | 1.730,94 |

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| OFF Beugen | JG | Total | IPF Points |
|-----------------------|------|----------------|-----------------|
| Andreas Schörgenhuber | 1991 | 562,5 | 545,75 |
| Stefanie Obereder | 1994 | 400,0 | 547,69 |
| Kerstin Schörgenhuber | 1993 | 350,0 | 602,33 |
| TEAMPOINTS | | 1.312,5 | 1.695,77 |

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| TS Kennelbach 2 | JG | Total | IPF Points |
|-------------------|------|----------------|-----------------|
| Julian Bildstein | 1998 | 590,0 | 550,31 |
| Philipp Kahr | 1990 | 500,0 | 517,35 |
| Jasmin Fritsche | 1989 | 320,0 | 514,09 |
| TEAMPOINTS | | 1.410,0 | 1.581,75 |

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| Team RPE 8 | JG | Total | IPF Points |
|-------------------|------|----------------|-----------------|
| Emre Avsar | 1992 | 520,0 | 513,12 |
| Hansueli Bicker | 1979 | 542,5 | 533,91 |
| Niko Laubi | 1996 | 455,0 | 435,27 |
| TEAMPOINTS | | 1.517,5 | 1.482,30 |

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| Team Borg Club Wr. N. | JG | Total | IPF P. |
|-----------------------|------|----------------|-----------------|
| Louis Simmer | 2000 | 535,0 | 493,66 |
| Patrick Kubin | 1987 | 477,5 | 429,54 |
| Nina Hinterhölzl | 2000 | 297,5 | 554,91 |
| TEAMPOINTS | | 1.310,0 | 1.478,11 |

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| Die 3 Muskeltiere | JG | Total | IPF Points |
|-------------------|------|----------------|-----------------|
| Martin Hilpert | 1996 | 507,5 | 518,79 |
| Tim Franzmann | 1996 | 495,0 | 479,74 |
| Marina Mäding | 1993 | 240,0 | 418,07 |
| TEAMPOINTS | | 1.242,5 | 1.416,60 |

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| TS Kennelbach 3 | JG | Total | IPF Points |
|-------------------|------|----------------|---------------|
| Kai Helbock | 1993 | 502,5 | 460,62 |
| Uwe Kugler | 1986 | 490,0 | 433,99 |
| Simon Berchtold | 1997 | 382,5 | 374,67 |
| TEAMPOINTS | | 1.375,0 | 808,66 |

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Länderpokal Kennelbach - Klassischer Kraftdreikampf

Pokalrekorde nach IPF-Punkten

Länderpokal Kennelbach Classic Powerlifting

SQUAT

| | | | | | |
|---------|---------------|----------|-------------------------------|-------------------------|------------|
| Damen: | 210,67 | 135,0 kg | BRANDSTÖTTER Madeleine | KSV Champions Innsbruck | 03.08.2019 |
| Herren: | 179,82 | 217,5 | SIMO Jan | KSC Amstetten / KDK | 03.08.2019 |

BENCHPRESS

| | | | | | |
|---------|---------------|-----------|-------------------------|---------------------------|------------|
| Damen: | 591,71 | 67,5 kg | HINTERHÖLZL Nina | BORG Club Wiener Neustadt | 03.08.2019 |
| Herren: | 731,17 | 1932,5 kg | JANDOREK Andreas | Turnerschaft Kennelbach | 03.09.2019 |

DEADLIFT

| | | | | | |
|---------|---------------|----------|---------------------|------------------------------------|------------|
| Damen: | 356,19 | 196,0 kg | GAPP Barbara | ASKÖ KSV Outdoor Fitness Freistadt | 03.08.2019 |
| Herren: | 222,41 | 252,5 kg | SIMO Jan | KSC Amstetten / KDK | 03.08.2019 |

TOTAL

| | | | | | |
|---------|---------------|-----------|-------------------------|------------------------------------|------------|
| Damen: | 709,32 | 372,5 kg | GAPP Barbara | ASKÖ KSV Outdoor Fitness Freistadt | 03.08.2019 |
| Herren: | 667,65 | 706,0 nkg | JANDOREK Andreas | Turnerschaft Kennelbach | 03.09.2019 |